

COBYS Kinship Online Support and Educational Services *For Families*



Are you raising a relative's child?

Kinship arrangements are often unanticipated and can result in a range of unique household needs and challenges. Support is available!



Kinship Support/Educational Sessions: If you are a Kinship Caregiver raising a relative's child, you are not alone. There are many kinship caregivers in Lancaster County. Meeting with other grandparents, aunts and uncles that are raising a relative's child offers valuable support from people that understand the unique challenges that your family is experiencing.

Join us each week on Zoom to talk about topics specific to kinship care and connect with people in similar situations. Unfamiliar to Zoom? We will talk you through the setup, and even have a front porch lesson if needed! Or, you may also join by using your phone.

Sessions: Tuesday evenings from 8:00-9:00 PM
September 1: Self Care for yourself and your child
September 8: Helpful Tips for School
September 15: Increasing a Positive Attitude Toward Others
September 22: Time Management for Your Child and Family
September 29: The Importance of Family Engagement



Kinship Seminars: Speakers present information specific to kinship caregivers. Training certificate offered.

Sessions: (all sessions are held virtually, Saturday, 9:00-10:30 a.m.)
September 19: Brain House. How Does Your Child's Brain Work?
October 17: Staying on Track! Daily Routines and Schedules to Increase Motivation
November 21: Emotions and the Holiday Season: Helping Your Child Embrace the Past, Present and Future



Online Behavior Consultations with a Parenting Educator: COBYS is offering free, individualized online behavior consultations with an experienced parenting educator. To receive a free 30 minute video consultation, please contact us at education@cobys.org, and you will be matched with an educator that will best meet your specialized needs.

**To register for any of these Online Support Programs, please:
email education@cobys.org or leave a message at (717) 435-8139.**

*Services provided by funding through Lancaster County Children and Youth Agency
and Lancaster County Drug and Alcohol Agency.
Certificates will be given for hours attended.*

COBYS Family Life Education Department
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Lancaster, PA 17601



Email: education@cobys.org
Call: 717- 435-8139
www.cobys.org/Family Life Education