

## Student Privacy

All referrals will be handled confidentially, following the Family Education Rights and Privacy Act (FERPA). Once a referral is made, the team will collect data to aid in the identification of concerns with regard to the student's educational success. Based upon the results of the fact-finding, the team will then make a decision regarding intervention. All school-based SAP evaluations are provided by Pennsylvania Counseling Services at no cost to the family

If you would like more information on SAP, go to the school website and search under the "Quick Links" Guidance Office Tab

## Community Services

Behavioral Health & Dev. Services – (717) 393-0421

Children & Youth Social Services – (717) 299-7925

Clare House (Sponsor: United Way) – (717) 291-5462

Crisis Intervention Center (24 hrs.) – (717) 394-2631

Mental Health America of Lancaster County – (717) 397-7461

Pressley Ridge Outpatient Treatment Program – (717) 397-5241

Teen Line – (717) 394-2000

YWCA Sexual Assault Hotline (24 hrs.) – (717) 392-7273



## Do You Have Concerns About Your Child?



**The Student Assistance Program (SAP) can help children experiencing barriers to learning.**  
***A Guide for Parents and Guardians***

### What Is SAP?

A SAP team made up of school and agency staff is available to help you access school and community services for your child.

In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning. The Student Assistance Team works toward early identification of alcohol/drug abuse problems as well as behavioral and mental health concerns like anxiety or depression.

The CVHS SAP team will help you find services and assistance within the school, and if needed, in the community. We do not diagnose, treat, or refer your child for treatment. We will provide you with information and you make the choice(s) that best fit your needs and wishes. As the parent/guardian you are an important part of the team.

## Do You See Your Child Showing Any of These Behaviors?

- Withdrawing from family, friends, and/or activities
- Changing friends; no longer spend time with old friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Avoids attending school
- Defying authority, both at home and school
- Acting aggressively
- Hitting
- Lying
- Needing money without a good explanation
- Declining grades
- Experimenting with alcohol or drugs

## Are You Concerned About Your Child's Reaction To...?

- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem
- Bullying
- Other traumatic event

## How Does My Child Become Involved in the SAP Program?

Anyone can refer a child to the CVHS SAP team. Some students are referred by teachers or other school personnel. A friend or family member can also let the SAP team know that they are worried about someone. The child can even go directly to the SAP team to ask for help. Schools will gather information to determine how a student is doing in their classes. However, the SAP team will not proceed unless you give your written parent permission. Once permission is received, the CVHS SAP team will work with you to develop a plan of action to help your child achieve success in school. Participation in the program is voluntary.

**Please note, a violation of the Student Discipline Code may result in a mandatory SAP evaluation.**

## What If Someone Has Referred My Child to SAP?

A CVHS SAP team member will contact you regarding your child's referral to the program. Before a SAP team member talks to your child, you will be asked to sign a permission form. The SAP team will work with you and your child throughout the process. As a parent, your knowledge and thoughts about your child will be helpful in developing a plan of action. If you need more information before making a decision about SAP, please feel free to contact a SAP team member.

## How Do I Contact the SAP Team?

If you have any questions about SAP or you feel that your child may need help, call your child's school and ask to speak with any of the following team members:

*Matthew Fox, CVHS Assistant Principal – (717) 397-5231 X 1006*

*Nancy Lopez, CVSD Nurse Coordinator – (717) 397-5231 X 1050*

*Guidance Department – (717) 397-5231 X 1030*