

**Prices 2022-2023**  
 Student Breakfast \$1.55  
 Reduced Breakfast \$.30  
 Adult Breakfast \$2.30  
 Ala Carte Milk \$.70

# NOVEMBER

## GHMS BREAKFAST 2022

Prepared by CVSD (717)556-0025  
**MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Egg & Cheese on WG Roll or Pop Tart or Cereal  Fresh Fruit 100% Fruit Juice Milk	2 Breakfast Pizza or Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk	3 Assorted Warm Pastry or Mini Loaf w/ Grahams or Cereal  Fresh Fruit 100 % Fruit Juice Milk	4 Egg & Cheese Quesadilla or Pumpkin Bread Slice or Cereal  Fresh Fruit 100% Fruit Juice Milk
7 Breakfast Pizza or Mini Loaf with Grahams or Cereal  Fresh Fruit 100% Fruit Juice Milk	8 Assorted Warm Pastry or Muffin or Cereal  Fresh Fruit 100% Fruit Juice Milk	9 Sausage & Cheese on WG Roll or Banana Bread Slice or Cereal  Fresh Fruit 100% Fruit Juice Milk	10 Assorted Warm Pastry or Pop Tart or Cereal  Fresh Fruit 100 % Fruit Juice Milk	11 Ham Egg & Cheese Combo Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk
14 Assorted Warm Pastry or Muffin or Cereal  Fresh Fruit 100% Fruit Juice Milk	15 Egg & Cheese on WG Roll or Pop Tart or Cereal  Fresh Fruit 100% Fruit Juice Milk	16 Breakfast Pizza or Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk	17 Assorted Warm Pastry or Mini Loaf w/ Grahams or Cereal  Fresh Fruit 100 % Fruit Juice Milk	18 Egg & Cheese Quesadilla or Pumpkin Bread Slice or Cereal  Fresh Fruit 100% Fruit Juice Milk
21  NO SCHOOL	22  NO SCHOOL	23  NO SCHOOL	24  NO SCHOOL  <b>HAPPY THANKSGIVING</b>	25  NO SCHOOL
28 Breakfast Pizza or Mini Loaf with Grahams or Cereal  Fresh Fruit 100% Fruit Juice Milk	29 Assorted Warm Pastry or Muffin or Cereal  Fresh Fruit 100% Fruit Juice Milk	30 Sausage & Cheese on WG Roll or Banana Bread Slice or Cereal  Fresh Fruit 100% Fruit Juice Milk		

**BREAKFAST SELECTION INCLUDES:**  
 CHOICE OF 1 ENTRÉE  
 CHOICE OF 100% FRUIT JUICE OR FRESH FRUIT  
 CHOICE OF MILK  
 VARIETY OF FAT FREE FLAVORED MILK SERVED DAILY