

**Prices 2023-2024**  
 Breakfast FREE  
 Adult Breakfast \$2.30  
 Ala Carte Milk \$.70

# SEPTEMBER

## GHMS BREAKFAST 2023

Prepared by CVSD (717)556-0025

**MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL
4 NO SCHOOL	5 Egg & Cheese on WG or Mini Loaf w/ Grahams or Cereal  Fresh Fruit 100% Fruit Juice Milk	6 Uncrustable PBJ or Warmed WG Pastry or Cereal  Fresh Fruit 100% Fruit Juice Milk	7 WG Pumpkin Bread Slice or WG Pop Tart or Cereal  Fresh Fruit 100% Fruit Juice Milk	8 Warmed WG Pastry or WG Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk
11 Breakfast Pizza or WG Pop Tart or Cereal  Fresh Fruit 100% Fruit Juice Milk	12 Warmed WG Pastry or WG Banana Bread or Cereal  Fresh Fruit 100% Fruit Juice Milk	13 Egg & Cheese Quesadilla or WG Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk	14 Sausage & Cheese on WG Roll or WG Muffin or Cereal  Fresh Fruit 100% Fruit Juice Milk	15 Early Dismissal Warmed Pastry  Fresh Fruit 100% Fruit Juice Milk
18 NO SCHOOL	19 WG Pumpkin Bread Slice or WG Pop Tart or Cereal  Fresh Fruit 100% Fruit Juice Milk	20 Uncrustable PBJ or Warmed WG Pastry or Cereal  Fresh Fruit 100% Fruit Juice Milk	21 Combo Bar on WG Roll or WG Muffin or Cereal  Fresh Fruit 100% Fruit Juice Milk	22 Warmed WG Pastry or WG Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk
25 Breakfast Pizza or WG Pop Tart or Cereal  Fresh Fruit 100% Fruit Juice Milk	26 Warmed WG Pastry or WG Banana Bread or Cereal  Fresh Fruit 100% Fruit Juice Milk	27 Egg & Cheese Quesadilla or WG Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk	28 Sausage & Cheese on WG Roll or WG Muffin or Cereal  Fresh Fruit 100% Fruit Juice Milk	29 Warmed WG Pastry or WG Donut or Cereal  Fresh Fruit 100% Fruit Juice Milk

**BREAKFAST SELECTION INCLUDES:**  
 CHOICE OF 1 ENTRÉE  
 CHOICE OF 100% FRUIT JUICE OR FRESH FRUIT  
 CHOICE OF MILK  
 VARIETY OF FAT FREE FLAVORED MILK SERVED DAILY