

Prices 2023-2024
 Breakfast FREE
 Adult Breakfast \$2.30
 Ala Carte Milk \$.70

NOVEMBER

GHMS BREAKFAST 2023

Prepared by CVSD (717)556-0025

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Uncrustable PBJ or Warmed WG Pastry or Cereal Fresh Fruit 100% Fruit Juice Milk	2 Combo Bar on WG Roll or WG Muffin or Cereal Fresh Fruit 100% Fruit Juice Milk	3 Warmed WG Pastry or WG Donut or Cereal Fresh Fruit 100% Fruit Juice Milk
6 Breakfast Pizza or WG Pop Tart or Cereal Fresh Fruit 100% Fruit Juice Milk	7 Warmed WG Pastry or WG Banana Bread or Cereal Fresh Fruit 100% Fruit Juice Milk	8 Ham, Egg & Cheese on WG or WG Pop Tart or Cereal Fresh Fruit 100% Fruit Juice Milk	9 Warmed WG Pastry or WG Pop Tart or Cereal Fresh Fruit 100% Fruit Juice Milk	10 Sausage & Cheese on WG Roll or WG Muffin or Cereal Fresh Fruit 100% Fruit Juice Milk
13 WG Pumpkin Bread Slice or WG Pop Tart or Cereal Fresh Fruit 100% Fruit Juice Milk	14 Egg & Cheese on WG or Mini Loaf w/ Grahams or Cereal Fresh Fruit 100% Fruit Juice Milk	15 Uncrustable PBJ or Warmed WG Pastry or Cereal Fresh Fruit 100% Fruit Juice Milk	16 Combo Bar on WG Roll or WG Muffin or Cereal Fresh Fruit 100% Fruit Juice Milk	17 EARLY DISMISSAL Warmed WG Pastry or Cereal Fresh Fruit 100% Fruit Juice Milk
20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 NO SCHOOL	28 Warmed WG Pastry or WG Banana Bread or Cereal Fresh Fruit 100% Fruit Juice Milk	29 Egg & Cheese Quesadilla or WG Pop Tart or Cereal Fresh Fruit 100% Fruit Juice Milk	30 Warmed WG Pastry or WG Pop Tart or Cereal Fresh Fruit 100% Fruit Juice Milk	

BREAKFAST SELECTION INCLUDES:
CHOICE OF 1 ENTRÉE
CHOICE OF 100% FRUIT JUICE OR FRESH FRUIT
CHOICE OF MILK
VARIETY OF FAT FREE FLAVORED MILK SERVED DAILY