

Prices 2023-2024  
 Student Lunch \$2.90  
 Adult Lunch \$4.80  
 Reduced Lunch FREE

# DECEMBER

## GHMS LUNCH 2023

Prepared by CVSD (717)556-002

### BUCKSKIN BAG

#1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams  
 #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds  
 #3 WG Tostitos, CJ Cheese Stix, Sunflower Seeds, Cornbread  
 #4 WG Grahams, Yogurt, Turkey Stick, Mini Muffin

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Pizza or Buckskin Bag #2 or Deli Salad / Sun Chips / Breadstick  Steamed Carrots Cucumber w/ Ranch Applesauce / Fresh Fruit Milk
4 Three Cheese Cavatappi w/ Mini Meatballs / WG Roll or Buckskin Bag #3 or Buffalo Chicken Salad / WG Roll / Fritos  Steamed Broccoli Celery w/ Ranch Pears / Fresh Fruit Milk	5 Jumbo Hotdog w/ French Fries & Sauerkraut or PBJ or Buffalo Chicken Salad / WG Roll / Fritos  Baked Beans Grape Tomatoes w/ Ranch Peaches / Fresh Fruit Milk	6 French Toast Stix w/ Egg Omelet or Buckskin Bag #3 or Buffalo Chicken Salad / WG Roll / Fritos  Parsley Potatoes Baby Carrots w/ Ranch Cinnamon Apples / Fresh Fruit Milk	7 Soft Shell Taco or PBJ or Buffalo Chicken Salad / WG Roll / Fritos  Steamed Corn Lettuce / Tomato / Cheese Applesauce / Fresh Fruit Milk	8 Pizza Stix w/ Sauce or Buckskin Bag #3 or Buffalo Chicken Salad / Fritos / WG Roll  Steamed Carrots Cucumbers w/ Ranch Dole Fruit Jell Cup / Fresh Fruit Milk
11 Popcorn Chicken / WG Roll or Buckskin Bag #4 or Deli Salad / Sun Chips / Breadstick  Mashed Potatoes w/ Gravy Grape Tomatoes w/ Ranch Mixed Fruit / Fresh Fruit Milk	12 Cheesy Pull-a-Parts or Italian Meat on WG or Deli Salad / Sun Chips/ Breadstick  Tomato Soup / Goldfish Crackers Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk	13 Cheeseburger on WG Roll or Buckskin Bag #4 or Deli Salad / Sun Chips / Breadstick  BBQ Baked Beans Mini Salad w/ Ranch Peaches / Fresh Fruit Milk	14 Roasted Chicken / WG Roll Italian Meat on WG Roll or Deli Salad / Sun Chips / Breadstick  French Fries Grape Tomatoes w/ Ranch Pears / Fresh Fruit Milk	15 Cheese Pizza Slice or Buckskin Bag #4 or Deli Salad / Sun chips / Breadstick  Green Beans Celery w/ Ranch Apple Slices / Fresh Fruit Milk
18 Mini Ravioli / Dipping Sauce or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll  Green Beans Cucumber w/ Ranch Mixed Fruit / Fresh Fruit Milk	19 Pepperoni or Beef & Cheddar Hot Pocket or PBJ or Garden Salad / Cheez Its / WG Roll  Baked Beans Spring Mix Salad w/ Ranch Peaches / Fresh Fruit Milk	20 Chicken Patty on WG Roll Onion Rings / Dipping Sauce or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll  Steamed Broccoli Grape Tomatoes w/ Ranch Apple Slices / Fresh Fruit Milk	21 Walking Taco or PBJ or Garden Salad / Cheez Its / WG Roll  Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit	22 Early Dismissal French Bread Pizza or PBJ  Steamed Mixed Vegetables Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

### LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
- COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
- BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT  
FAT FREE MILK SERVED DAILY

### MENU SUBJECT TO CHANGE

Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)  
 Italian Salad (Greens, Tomato, Cucumber, Red Onion, Pepper, Mozzarella, Hoagie Meat)  
 Buffalo Chicken Salad (Greens, Cauliflower, Pepper, Celery, Carrots, Grilled Chicken, Cheddar)  
 Deli Salad (Greens, Tomato, Cucumber, Hard-boiled Egg, Deli Turkey, Cheese Cubes)

