

Prices 2023-2024
 Student Lunch \$2.90
 Adult Lunch \$4.80
 Reduced Lunch FREE

FEBRUARY

GHMS LUNCH 2024

Prepared by CVSD (717)556-0025

BUCKSKIN BAG

- #1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
- #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
- #3 WG Tostitos, CJ Cheese Stix, Sunflower Seeds, Cornbread
- #4 WG Grahams, Yogurt, Turkey Stick, Mini Muffin

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Roasted Chicken / WG Roll or Ham & Cheese on WG or Italian Salad / Goldfish / Breadstick Mashed Potatoes w/ Gravy Mini Salad w/ Ranch Mixed Fruit / Fresh Fruit Milk	2 French Bread Pizza or Buckskin Bag #2 or Italian Salad / Goldfish / Breadstick BBQ Baked Beans Broccoli Florets w/ Ranch Dole Fruit Jello Cup / Fresh Fruit Milk
5 Beef BBQ on WG Roll or Buckskin Bag #3 or Buffalo Chicken Salad / WG Roll / Fritos Scalloped Potatoes Cucumbers w/ Ranch Cinnamon Apples / Fresh Fruit Milk	6 Pasta w/ Meat Sauce / Breadstick or PBJ or Buffalo Chicken Salad / WG Roll / Fritos Steamed Broccoli Celery w/ Ranch Peaches / Fresh Fruit Milk	7 Jumbo Hotdog w/ Sauerkraut or Buckskin Bag #3 or Buffalo Chicken Salad / WG Roll / Fritos Smile Potatoes / Baked Beans Grape Tomatoes w/ Ranch Peaches / Fresh Fruit Milk	8 Soft Shell Taco or PBJ or Buffalo Chicken Salad / WG Roll / Fritos Steamed Corn Lettuce / Tomato / Cheese Mixed Fruit / Fresh Fruit Milk	9 Cheese Pizza or Buckskin Bag #3 or Buffalo Chicken Salad / WG Roll / Fritos Mixed Vegetables Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk
12 Cheesy Pull-a-Parts or Buckskin Bag #4 or Deli Salad / Sun Chips / Breadsticks Tomato Soup / Goldfish Crackers Broccoli Florets w/ Ranch Pears / Fresh Fruit Milk	13 Cheeseburger on WG Roll or Italian Meat on WG Roll or Deli Salad / Sun Chips / Breadstick BBQ Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	14 French Toast Stick w/ Sausage Link / Hash Brown or Buckskin Bag #4 or Deli Salad / Sun Chips / Breadstick 100 % Fruit Juice Baby Carrots w/ Ranch Cinnamon Apples / Fresh Fruit Milk	15 Popcorn Chicken w/ WG Roll Mac & Cheese or Italian Meat on WG Roll or Deli Salad / Sun Chips / Breadstick Grape Tomatoes w/ Ranch Cucumber w/ Ranch Mixed Fruit / Fresh Fruit Milk	16 Early Dismissal French Bread Pizza or PBJ Steamed Carrots Spring Mix Salad w/ Ranch Dole Fruit Jello Cup / Fresh Fruit
19 NO SCHOOL	20 Chicken Patty on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Onion Rings / Baked Beans Shredded Lettuce & Tomato Mixed Fruit / Fresh Fruit Milk	21 Cheeseburger Macaroni / WG Roll or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll Steamed Peas Baby Carrots w/ Ranch Peaches / Fresh Fruit Milk	22 Walking Taco or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	23 Cheese Pizza or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll Steamed Green Beans Spring Mix Salad w/ Ranch Applesauce / Fresh Fruit Milk
26 Cheese Crunchers / Snack Bag or Buckskin Bag #3 or Italian Salad / Goldfish / Breadstick Steamed Peas Baby Carrots w/ Ranch Peaches / Fresh Fruit Milk	27 Teriyaki Dippers / Eggroll Ham & Cheese or Italian Salad / Goldfish / Breadstick Scalloped Potatoes Cucumbers w/ Ranch Cinnamon Apples / Fresh Fruit Milk	28 Pretzel Bun w/ Cheese or Buckskin Bag #3 or Italian Salad / Goldfish / Breadstick Tomato Soup / Goldfish Crackers Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk	29 Chicken Quesadilla w/ Salsa Sour Cream / Churro or Ham & Cheese on WG or Italian Salad / Goldfish / Breadstick Refried Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	

LUNCH SELECTION CHOICE INCLUDES:

1. **HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
2. **COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
3. **BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
FAT FREE MILK SERVED DAILY

MENU SUBJECT TO CHANGE

- Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
- Italian Salad (Greens, Tomato, Cucumber, Red Onion, Pepper, Mozzarella, Hoagie Meat)
- Buffalo Chicken Salad (Greens, Cauliflower, Pepper, Celery, Carrots, Grilled Chicken, Cheddar)
- Deli Salad (Greens, Tomato, Cucumber, Hard-boiled Egg, Turkey Stick, String Cheese)

