

Prices 2023-2024
Student Lunch \$2.90
Adult Lunch \$4.80
Reduced Lunch FREE

APRIL

GHMS LUNCH 2024

Prepared by CVSD (717)556-0025

BUCKSKIN BAG
 #1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
 #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
 #3 WG Tostitos, CJ Cheese Stix, Sunflower Seeds, Cornbread
 #4 WG Grahams, Yogurt, Turkey Stick, Mini Muffin

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 NO SCHOOL</p>	<p>2 Sriracha Chicken / Mozzarella Stix / Onion Rings w/ Dipping Sauce or PBJ or No Salad Today</p> <p>Steamed Broccoli Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk</p>	<p>3 Pasta w/ Meat Sauce / Breadstick or Buckskin Bag #4 or Buffalo Chicken Salad / WG Roll / Fritos</p> <p>Steamed Green Beans Cucumbers w/ Ranch Peaches / Fresh Fruit Milk</p>	<p>4 Soft Shell Taco or PBJ or Buffalo Chicken Salad / WG Roll / Fritos</p> <p>Refried Beans Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk</p>	<p>5 Cheese Pizza Slice or Buckskin Bag #4 or Buffalo Chicken Salad / WG Roll / Fritos</p> <p>Steamed Mixed Veggies Broccoli Florets w/ Ranch Dole Fruit Jell-O Cup / Fresh Fruit Milk</p>
<p>8 Cheeseburger on WG Roll or Buckskin Bag #1 or Deli Salad / Sun Chips / Bread Stick</p> <p>French Fries / BBQ Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk</p>	<p>9 Cheesy Pull A parts or Italian Meat on WG Roll or Deli Salad / Sun Chips / Bread Stick</p> <p>Tomato Soup / Goldfish Crackers Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk</p>	<p>10 French Toast Stix w/ Egg Omelet or Buckskin Bag #1 or Deli Salad / Sun Chips / Bread Stick</p> <p>Crispy Potatoes Celery Stix w/ Ranch Cinnamon Apples / 100 % Fruit Juice Milk</p>	<p>11 Popcorn Chicken w/ WG Roll Mac & Cheese or Italian Meat on WG Roll or Deli Salad / Sun Chips / Bread Stick</p> <p>Steamed Peas Grape Tomatoes w/ Ranch Pears / Fresh Fruit Milk</p>	<p>12 Pizza Stix w/ Sauce or Buckskin Bag #1 or Deli Salad / Sun Chips / Bread Stick</p> <p>Steamed Mixed Veggies Broccoli Florets w/ Ranch Applesauce / Fresh Fruit Milk</p>
<p>15 Pepperoni or Beef and Cheddar Hot Pocket or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll</p> <p>Smile Potatoes Cucumbers w/ Ranch Mixed Fruit / Fresh Fruit Milk</p>	<p>16 Chicken Patty on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll</p> <p>Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk</p>	<p>17 Lasagna Roll up / Bread Stick or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll</p> <p>Steamed Broccoli Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk</p>	<p>18 Walking Taco or PBJ or Garden Salad / Cheez Its / WG Roll</p> <p>Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk</p>	<p>19 Early Dismissal French Bread Pizza or PBJ</p> <p>Steamed Carrots Apple Slices Milk</p>
<p>22 Teriyaki Dippers / Eggroll Buckskin Bag #3 or Italian Salad / Goldfish / Breadstick</p> <p>Scalloped Potatoes Cucumbers w/ Ranch Cinnamon Apples / Fresh Fruit Milk</p>	<p>23 Popcorn Chicken / WG Roll or Ham & Cheese or Italian Salad / Goldfish / Breadstick</p> <p>Mashed Potatoes / Gravy Baby Carrots w/ Ranch Peaches / Fresh Fruit Milk</p>	<p>24 Chicken Quesadilla w/ Salsa Sour Cream / Churro or Buckskin Bag #3 on WG or Italian Salad / Goldfish / Breadstick</p> <p>Refried Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk</p>	<p>25 Pretzel Bun w/ Cheese or Ham & Cheese or Italian Salad / Goldfish / Breadstick</p> <p>Tomato Soup / Goldfish Crackers Celery Sticks w/ Ranch Mixed Fruit / Fresh Fruit Milk</p>	<p>26 Cheese Pizza Slice or Buckskin Bag #3 or Italian Salad / Goldfish / Breadstick</p> <p>Steamed Carrots Broccoli Florets w/ Ranch Dole Fruit Jell-O Cup / Fresh fruit Milk</p>
<p>29 Sriracha Chicken / Mozzarella Stix / Onion Rings w/ Dipping Sauce or Buckskin Bag #4 or Buffalo Chicken Salad / WG Roll / Fritos</p> <p>Steamed Broccoli Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk</p>	<p>30 Pasta w/ Meat Sauce / Breadstick or PBJ or Buffalo Chicken Salad / WG Roll / Fritos</p> <p>Steamed Green Beans Cucumbers w/ Ranch Peaches / Fresh Fruit Milk</p>			

LUNCH SELECTION CHOICE INCLUDES:

1. **HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 2. **COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 3. **BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- FAT FREE MILK SERVED DAILY**

MENU SUBJECT TO CHANGE

- Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
- Italian Salad (Greens, Tomato, Cucumber, Red Onion, Pepper, Mozzarella, Hoagie Meat)
- Buffalo Chicken Salad (Greens, Cauliflower, Pepper, Celery, Carrots, Grilled Chicken, Cheddar)
- Deli Salad (Greens, Tomato, Cucumber, Hard-boiled Egg, Turkey Stick, String Cheese)