

Prices 2023-2024  
 Student Lunch \$2.90  
 Adult Lunch \$4.80  
 Reduced Lunch FREE

# MAY

## GHMS LUNCH 2024

Prepared by CVSD (717)556-0025

### BUCKSKIN BAG

- #1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
- #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
- #3 WG Tostitos, CJ Cheese Stix, Sunflower Seeds, Cornbread
- #4 WG Grahams, Yogurt, Turkey Stick, Mini Muffin

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Jumbo Hotdog w/ Sauerkraut or Buckskin Bag #4 or Buffalo Chicken Salad / WG Roll / Fritos  Smile Potatoes Grape Tomatoes / Ranch Mixed Fruit / Fresh Fruit Milk	2 Soft Shell Taco or PBJ or Buffalo Chicken Salad / WG Roll / Fritos  Refried Beans Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	3 Cheese Pizza Slice or Buckskin Bag #4 or Buffalo Chicken Salad / WG Roll / Fritos  Steamed Mixed Veggies Broccoli Florets w/ Ranch Dole Fruit Jell-O Cup / Fresh Fruit Milk
6 Cheeseburger on WG Roll or Buckskin Bag #1 or Deli Salad / Sun Chips / Bread Stick  French Fries / BBQ Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	7 Cheesy Pull A parts or Italian Meat on WG Roll or Deli Salad / Sun Chips / Bread Stick  Tomato Soup / Goldfish Crackers Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk	8 French Toast Stix w/ Egg Omelet or Buckskin Bag #1 or Deli Salad / Sun Chips / Bread Stick  Crispy Potatoes Celery Stix w/ Ranch Cinnamon Apples / 100 % Fruit Juice Milk	9 Popcorn Chicken w/ WG Roll Mac & Cheese or Italian Meat on WG Roll or Deli Salad / Sun Chips / Bread Stick  Steamed Peas Grape Tomatoes w/ Ranch Pears / Fresh Fruit Milk	10 Pizza Stix w/ Sauce or Buckskin Bag #1 or Deli Salad / Sun Chips / Bread Stick  Steamed Broccoli Cucumbers w/ Ranch Applesauce / Fresh Fruit Milk
13 Pepperoni or Beef and Cheddar Hot Pocket or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll  Smile Potatoes Cucumbers w/ Ranch Mixed Fruit / Fresh Fruit Milk	14 Chicken Patty on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll  Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	15 Lasagna Roll up / Bread Stick or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll  Steamed Broccoli Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk	16 Walking Taco or PBJ or Garden Salad / Cheez Its / WG Roll  Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	17 Cheese Pizza Slice or Buckskin Bag #2 or Italian Salad / Goldfish / Breadstick  Steamed Carrots Grape Tomatoes w/ Ranch Dole Fruit Jell-O Cup / Fresh fruit Milk
20 Cheese Crunchers / Snack Bag Buckskin Bag #3 or Italian Salad / Goldfish / Breadstick  Steamed Peas Cucumbers w/ Ranch Cinnamon Apples / Fresh Fruit Milk	21 Popcorn Chicken / WG Roll Ham & Cheese or Italian Salad / Goldfish / Breadstick  Scalloped Potatoes Baby Carrots w/ Ranch Peaches / Fresh Fruit Milk	22 Pretzel Bun w/ Cheese or Buckskin Bag #3 or Italian Salad / Goldfish / Breadstick  Tomato Soup / Goldfish Crackers Celery Sticks w/ Ranch Mixed Fruit / Fresh Fruit Milk	23 Chicken Quesadilla w/ Salsa Sour Cream / Churro or Ham & Cheese on WG or Italian Salad / Goldfish / Breadstick  Refried Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	24 Early Dismissal French Bread Pizza or PBJ  Steamed Broccoli Apple Slices Milk
27 NO SCHOOL	28 Grilled Chicken on WG Roll / Snack Bag or PBJ NO SALAD TODAY  Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	29 Fish Sticks w/ Mac & Cheese or Buckskin Bag #4 or Garden Salad / Cheez Its / WG Roll  Smile Potatoes Grape Tomatoes / Ranch Mixed Fruit / Fresh Fruit Milk	30 Walking Taco or PBJ or Garden Salad / Cheez Its / WG Roll  Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	31 Cheese Pizza Slice or Buckskin Bag #4 or Garden Salad / Cheez Its / WG Roll  Steamed Carrots Broccoli Florets w/ Ranch Dole Fruit Jell-O Cup / Fresh fruit Milk

### LUNCH SELECTION CHOICE INCLUDES:

1. HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
2. COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
3. BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT  
 FAT FREE MILK SERVED DAILY

### MENU SUBJECT TO CHANGE

- Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
- Italian Salad (Greens, Tomato, Cucumber, Red Onion, Pepper, Mozzarella, Hoagie Meat)
- Buffalo Chicken Salad (Greens, Cauliflower, Pepper, Celery, Carrots, Grilled Chicken, Cheddar)
- Deli Salad (Greens, Tomato, Cucumber, Hard-boiled Egg, Turkey Stick, String Cheese)

