

Prices 2020-21  
Adult Lunch 4.25

Ala Carte Milk .60

**Conestoga Valley HS  
JANUARY  
Lunch 2022**

Prepared by CVSD 556-0025  
\* Menu subject to change  
Fat Free Flavored Milk Served Daily  
All Meals Include – Meat/Meat Alt.,  
W. Grain, Vegetable, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>	<p>4 Jumbo Hotdog on WG Roll Baked Beans French Fries Cauliflower Florets Pears / Fresh Fruit</p> <p><b>STEAK SANDWICH</b></p>	<p>5 Pork Burrito Bowl w/ Beans, Brown Rice and Cheese Tortilla Chips w/ Salsa Steamed Corn Celery Sticks Mandarin Oranges / Fresh Fruit</p> <p><b>BBQ RIB PATTY</b></p>	<p>6 Lasagna Roll Up / WG Garlic Knot California Blend Veggies Spinach Salad Pineapple Tidbits / Fresh Fruit</p> <p><b>CHICKEN FILLET SANDWICH</b></p>	<p>7 Cheesy Pull- Aparts Tomato Soup w/ WG Crackers Cucumber Coins Cho. Chip Cookie Applesauce / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>
<p>10 Chicken Patty on WG Roll Sandwich Fixings – Lettuce / Tomato WG Goldfish Crackers Autumn Blend Veggies Grape Tomatoes Peaches / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>	<p>11 Mini Perogies, Mozzarella Sticks &amp; Boneless Chix Wings / Marinara Sauce Steamed Broccoli Baby Carrots Fruit Mix / Fresh Fruit</p> <p><b>HAM &amp; CHEESE MELT</b></p>	<p>12 French Bread Pizza Steamed Green Beans Spinach Salad Roasted Garbanzo Beans Pears / Fresh Fruit</p> <p><b>CHEESEBURGER</b></p>	<p>13 Chili / Cornbread Cheese Crunchers Glazed Carrots Cauliflower Florets Mandarin Oranges / Fresh Fruit</p> <p><b>TURKEY &amp; CHEESE MELT</b></p>	<p>14 Chicken Tenders / WG Dinner Roll Macaroni &amp; Cheese Steamed Peas Cucumber Coins Apple Slices / Pudding / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>
<p>17 <b>NO SCHOOL</b></p>	<p>18 <b>NO SCHOOL</b></p>	<p>19 Buckskin Meatloaf Buttered Rotini Mixed Veggies Baby Carrots Peaches / Fresh Fruit</p> <p><b>HAM &amp; CHEESE MELT</b></p>	<p>20 Buffalo Chicken Queso Dip w/ Soft Pretzel Rod Steamed Broccoli Cucumber Coins Mandarin Oranges / Fresh Fruit</p> <p><b>CHICKEN FILLET SANDWICH</b></p>	<p>21 Pizza Stick/Marinara Sauce Glazed Carrots Roasted Garbanzo Beans Spinach Salad Applesauce / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>
<p>24 Buckskin Bowl / WG Dinner Roll Steamed Broccoli &amp; Cauliflower Cucumber Coins Pears / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>	<p>25 Walking Taco Lettuce/Tomatoes/Cheese Cup Tex Mex Veggies Grape Tomatoes Peaches / Fresh Fruit</p> <p><b>PORK BBQ SANDWICH</b></p>	<p>26 Chicken Alfredo / WG Garlic Knot Steamed Green Beans Green Pepper Slices Pineapple Tidbits / Fresh Fruit</p> <p><b>HAM &amp; CHEESE MELT</b></p>	<p>27 French Bread Pizza Steamed Carrots Spinach Salad Roasted Garbanzo Beans Mandarin Oranges / Fresh Fruit</p> <p><b>BUFFALO CHICKEN SANDWICH</b></p>	<p>28 Cheeseburger on WG Roll French Fries Baked Beans Baby Carrots Applesauce / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>
<p>31 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit</p> <p><b>NO HOT COMBO</b></p>				<p>Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers</p>

\*Please Note – Like many other companies across the nation, our main distributor is currently experiencing labor and product shortages. We will do our best to provide the menu choices listed daily. Menu items are subject to change based on the availability of our manufactures and suppliers. We appreciate your understanding as we continue through these unprecedented times.