

Prices 2023-2024
 Student \$2.90
 Reduced FREE
 Adult \$4.80
 Milk .70

**ConestogaValley HS
 February
 Lunch 2024**

Prepared by CVSD 556-0025
 *Menu subject to change.
 Fat Free Flavored Milk Served Daily
 All Meals Include – Meat/Meat Alt.,
 W. Grain, Vegetable, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Lasagna Roll Up / WG Garlic Knot California Blend Veggies Spinach Salad Pineapple Tidbits / Fresh Fruit CHICKEN FILLET SANDWICH	2 Pretzel Bun with Cheese Tomato Soup w/WG Saltine Crackers Cucumber Coins Applesauce / Fresh Fruit NO HOT COMBO
5 Chicken Patty on WG Roll Sandwich Fixings – Lettuce / Tomato WG Goldfish Crackers Mixed Vegetable Blend Grape Tomatoes Peaches / Fresh Fruit NO HOT COMBO	6 Mini Perogies, Mozzarella Sticks & Boneless Chix Wings / Marinara Sauce Steamed Broccoli Baby Carrots Fruit Mix / Fresh Fruit STEAK SANDWICH	7 Buffalo Chicken Pizza Steamed Green Beans Romaine Tossed Salad Roasted Garbanzo Beans Pears / Fresh Fruit CHEESEBURGER	8 Chili / Cornbread Cheese Crunchers Glazed Carrots Cauliflower Florets Mandarin Oranges / Fresh Fruit TURKEY & CHEESE MELT	9 Roasted Buffalo Chicken / WG Roll Cheesy Scalloped Potatoes Steamed Peas Cucumber Coins Apple Slices / Fresh Fruit NO HOT COMBO
12 Pizza Sticks/Marinara Sauce Glazed Carrots Roasted Garbanzo Beans Tossed Spring Salad Applesauce / Fresh Fruit NO HOT COMBO	13 Chicken Alfredo / WG Garlic Knot Steamed Green Beans Green Pepper Slices Pineapple Tidbits / Fresh Fruit HAM & CHEESE MELT	14 Teriyaki Beef Dippers Steamed Brown Rice Stir Fry Veggie Blend Grape Tomatoes Cherry Fluff / Fresh Fruit BUFFALO CHICKEN SANDWICH	15 Walking Taco Lettuce/Tomatoes/Cheese Cup Tex Mex Veggies Baby Carrots Pears / Fresh Fruit NO HOT COMBO	16 EARLY DISMISSAL Mickey's Pizza Fresh Veggie Bar Fresh Fruit NO HOT COMBO
19 NO SCHOOL	20 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Cucumber Coins Cherry Fluff / Fresh Fruit NO HOT COMBO	21 Sweet & Sour Chicken w/ Fried Rice Mini Egg Roll & Fortune Cookie Steamed Stir Fry Veggies Cauliflower Florets Pineapple Tidbits / Fresh Fruit PORK BBQ SANDWICH	22 Cheeseburger on WG Roll French Fries Baked Beans Baby Carrots Applesauce / Fresh Fruit NO HOT COMBO	23 Egg & Cheese Omelet Chocolate Chip French Toast Orange Juice Grape Tomatoes Fruit Mix / Fresh Fruit CHICKEN FILLET SANDWICH
26 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit NO HOT COMBO	27 Pork Burrito Bowl w/ Beans, Brown Rice, & Cheese Tortilla Chips w/ Salsa Steamed Corn Celery Sticks Mandarin Oranges / Fresh Fruit BEAN & CHEESE BURRITO	28 Jumbo Hotdog on WG Roll Baked Beans French Fries Cauliflower Florets Pears / Fresh Fruit TURKEY & CHEESE MELT	29 Lasagna Roll Up / WG Garlic Knot California Blend Veggies Spinach Salad Pineapple Tidbits / Fresh Fruit GRILLED CHICKEN SANDWICH	Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers

Daily Salad Option may include: Vegetarian, Buffalo Chicken, Grilled Chicken, Chef, Italian, and Seasonal Favorites.

Salad Ingredients may include: Mixed Greens (Iceberg, Spinach, Spring Mix, Romaine). Bell Pepper, Broccoli, Carrot, Cauliflower, Celery, Cucumber, Olives (green or ripe), Onion (red or white), Radish and Tomato. Craisins and Mandarin Oranges. Cheese (cheddar and mozzarella), Egg, Chicken, Ham, Turkey, and Pepperoni. WG Roll w/Butter and Croutons.

***ALL Meals offer:** Meat/Meat Alt., Whole Grains, Vegetable, Fruit, Milk