

Prices 2023-2024
 Student \$2.90
 Reduced FREE
 Adult \$4.80
 Milk .70

**ConestogaValley HS
 May
 Lunch 2024**

Prepared by CVSD 556-0025
 *Menu subject to change.
 Fat Free Flavored Milk Served Daily
 All Meals Include – Meat/Meat Alt.,
 W. Grain, Vegetable, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers		1 Chili / Cornbread Cheese Crunchers Glazed Carrots Cauliflower/Broccoli Florets Mandarin Oranges / Fresh Fruit TURKEY & CHEESE MELT	2 Buffalo Chicken Pizza Tuscan Vegetable Blend Romaine Salad Roasted Garbanzo Beans Strawberry Cups / Fresh Fruit SAUSAGE SANDWICH	3 Roasted Buffalo Chicken/ WG Roll Cheesy Scalloped Potatoes Steamed Green Beans Grape Tomatoes Apple Slices / Fresh Fruit NO HOT COMBO
6 Pizza Sticks / Marinara Sauce Glazed Carrots BBQ Roasted Garbanzo Beans Tossed Salad Strawberry Cups / Fresh Fruit NO HOT COMBO	7 Chicken Sandwich on WG Roll Sandwich Fixins WG Goldfish Crackers Peas and Carrots Broccoli/ Cauliflower Florets Peach Cups / Fresh Fruit NO HOT COMBO	8 Chicken Alfredo / WG Garlic Knot Steamed Green Beans Green Pepper Slices Pineapple Tidbits / Fresh Fruit HAM & CHEESE MELT	9 Buffalo Chicken Queso Dip w/ Soft Pretzel Rods Steamed Broccoli Cucumber Coins Mandarin Oranges / Fresh Fruit MEATBALL SANDWICH	10 Walking Taco Lettuce/Tomatoes/Cheese Cup Tex Mex Veggies Baby Carrots Applesauce / Fresh Fruit NO HOT COMBO
13 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Baby Carrots Pears / Fresh Fruit NO HOT COMBO	14 Grilled Chicken Sandwich on WG Roll Lettuce & Tomato Snack Bag Fresh Veggie Bar Fresh Fruit KEYSTONE TESTING	15 Cheeseburger on WG Roll Lettuce & Tomato Potato Chips Fresh Veggie Bar Fresh Fruit KEYSTONE TESTING	16 Chicken Fillet Sandwich Lettuce & Tomato Snack bag Fresh Veggie Bar Fresh Fruit KEYSTONE TESTING	17 Jumbo Hotdog on WG Roll Baked Beans French Fries Broccoli Florets Peach Cups / Fresh Fruit NO HOT COMBO
20 Chicken Nuggets / WG Dinner Roll Stuffing w/ Gravy OR Mashed Potatoes w/Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit NO HOT COMBO	21 Pork Burrito Bowl w/ Beans, Brown Rice, & Cheese Tortilla Chips w/ Salsa Steamed Corn Celery Sticks Mandarin Oranges / Fresh Fruit GRILLED CHICKEN SANDWICH	22 Lasagna Roll Up / WG Garlic Knot Italian Veggie Blend Spinach Salad Strawberry Cups PORK BBQ SANDWICH	23 Pretzel Bun with Cheese Tomato Soup w/WG Saltine Crackers Cucumber Coins Applesauce / Fresh Fruit NO HOT COMBO	24 Cold Sandwich Selection On WG Roll Lettuce & Tomato Snack Bag Fresh Veggie Pack Fresh Fruit **Spring Fling/Early Dismissal**
27 NO SCHOOL	28 Chicken Patty on WG Roll Sandwich Fixins WG Goldfish Crackers Peas and Carrots Grape Tomatoes Peaches / Fresh Fruit NO HOT COMBO	29 Mini Perogies, Mozzarella Sticks & Boneless Chix Wings / Marinara Sauce Steamed Broccoli Baby Carrots Fruit Mix / Fresh Fruit BUFFALO CHICKEN SANDWICH	30 Chili / Cornbread Cheese Crunchers Glazed Carrots Cauliflower/Broccoli Florets Mandarin Oranges / Fresh Fruit TURKEY & CHEESE MELT	31 Chicken Tenders / WG Dinner Roll Macaroni & Cheese Steamed Peas Cucumber Coins Apple Slices / Pudding / Fresh Fruit NO HOT COMBO

Daily Salad Option may include: Vegetarian, Buffalo Chicken, Grilled Chicken, Chef, Italian, and Seasonal Favorites.

Salad Ingredients may include: Mixed Greens (Iceberg, Spinach, Spring Mix, Romaine). Bell Pepper, Broccoli, Carrot, Cauliflower, Celery, Cucumber, Olives (green or ripe), Onion (red or white), Radish and Tomato. Craisins and Mandarin Oranges. Cheese (cheddar and mozzarella), Egg, Chicken, Ham, Turkey, and Pepperoni. WG Roll w/Butter and Croutons.

***ALL Meals offer:** Meat/Meat Alt., Whole Grains, Vegetable, Fruit, Milk

