Meal Prices 2022-23
Full Price Student - $2.75
Reduced Student - $0.40
Adult Lunch - $4.80
Ala Carte Milk - $0.70

CV Elementary

September
Lunch Menu 2022

Prepared by CVSD (717) 556-0025
MENU SUBJECT TO CHANGE
Please make checks payable to C.V.S.D.

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Fresh Fruit May Contain: Apples, Bananas, Oranges, Grapes, Pears, Dried Fruits, and Seasonal Produce **Daily Fresh Veggie Bar May Contain:** Grape Tomatoes, Bell Peppers, Mini-Salads, Celery Sticks, Cucumbers, Broccoli and Cauliflower, Carrots	**Buckskin Bag #1 – Mini Pretzels, Colby Cheese Stick, Peanut butter Cup, WG Graham Snack** **Buckskin Bag #2 – Mini Yogurt, WG Cho Chip Muffin, Sunflower Seeds, WG Goldfish Crackers** **Buckskin Bag #3-BBQ Turkey Stick, String Cheese, Banana Bread Loaf, WG Chex Mix**		**1** **4 Cheese Pizza** **Boxed Salad- Ham** **Turkey & Cheese on WG Roll** **Steamed Broccoli** **Spinach Salad/ Fresh Veggie Bar** **Fresh or Mixed Fruit**	**2** **NO SCHOOL**
5 **NO SCHOOL**	**6** **Chicken Nugget / WG Roll** **Boxed Salad- Vegetarian** **Buckskin Bag #2** **Smile Potatoes** **Fresh Broccoli/ Fresh Veggie Bar** **Fresh Fruit/ Mixed Fruit**	**7** **Cheeseburger on WG Roll** **WG Cheez It Bag** **Boxed Salad- Vegetarian** **Buckskin Bag #2** **Baked Beans** **Celery Sticks/ Fresh Veggie Bar** **Fresh Fruit/ Pears**	**8** **Pasta w/ Meat sauce / WG Garlic Knot** **Boxed Salad- Vegetarian** **Buckskin Bag #2** **Green Beans** **Baby Carrots/ Fresh Veggie Bar** **Fresh Fruit/ Pineapple Tidbits**	**9** **Pizza Sticks / Pizza Dip Sauce** **Boxed Salad- Vegetarian** **Buckskin Bag #2** **Glazed Carrots** **Spinach Salad/ Fresh Veggie Bar** **Fresh Fruit/ Applesauce**
12 **Chicken Strips w/ Belgian Waffle and Syrup Cup** **Boxed Salad- Turkey** **Buckskin Bag #3** **Steamed Mixed Vegetables** **Fresh Fruit/ Peaches**	**13** **Cheese Quesadillas** **Boxed Salad- Turkey** **Buckskin Bag #3** **Tomato Soup/ Goldfish Crackers** **Baby Carrots/ Fresh Veggie Bar** **Fresh Fruit/ Pears**	**14** **Cheese Ravioli / WG Garlic Knot** **Boxed Salad- Turkey** **Buckskin Bag #3** **Steamed Green Beans** **Tossed Salad Greens/ Fresh Veggie Bar** **Fresh Fruit/ Mixed Fruit**	**15** **Sweet and Sour Chicken w/ Brown Rice and Fortune Cookie** **Boxed Salad- Turkey** **Buckskin Bag #3** **Steamed Broccoli** **Grape Tomatoes/ Fresh Veggie Bar** **Fresh Fruit/ Mandarin Oranges**	**16 Early Dismissal** **Cheese Pizza Slice** **Boxed Salad- Turkey** **Buckskin Bag #3** **Baked Beans** **Cucumber Coins/ Fresh Veggie Bar** **Fresh Fruit/ Applesauce / Frozen Fruit Rush**
19 **NO SCHOOL**	**20** **Breaded Chicken Patty on WG Roll** **Boxed Salad-Grilled Chicken** **Buckskin Bag #1** **Baked Beans** **Baby Carrots/ Fresh Veggie Bar** **Fresh Fruit/ Pears**	**21** **Hot Dog w/ Mac and Cheese** **Boxed Salad-Grilled Chicken** **Buckskin Bag #1** **Steamed Broccoli** **Grape Tomatoes/ Fresh Veggie Bar** **Fresh Fruit/ Mandarin Oranges**	**22** **Popcorn Chicken Bowls w/ WG Rolls** **Boxed Salad-Grilled Chicken** **Buckskin Bag #1** **Steamed Corn** **Cucumber Coins/Fresh Veggie Bar** **Fresh Fruit/ Peaches**	**23** **French Bread Pizza** **Boxed Salad-Grilled Chicken** **Buckskin Bag #1** **Glazed Carrots** **Tossed Salad Greens/ Fresh Veggie Bar** **Fresh Fruit / Pineapple**
26 **Cheese Crunchers with sauce** **WG Sunchips** **Boxed Salad- Ham** **Turkey & Cheese on WG Roll** **Baked Beans** **Baby Carrots/ Fresh Veggie Bar** **Fresh Fruit/ Pears**	27 **Taco Boat w/ Fritos** **Boxed Salad- Ham** **Turkey & Cheese on WG Roll** **Steamed Corn** **Fresh Broccoli/ Fresh Veggie Bar** **Fresh Fruit/ Mandarin Oranges**	**28** **Chicken and Gravy w/ Mashed Potatoes w/ WG Dinner Roll** **Boxed Salad- Ham** **Turkey & Cheese on WG Roll** **Steamed Peas** **Grape Tomatoes/ Fresh Veggie Bar** **Fresh Fruit/ Peaches**	**29** **4 Cheese Pizza** **Boxed Salad- Ham** **Turkey & Cheese on WG Roll** **Steamed Broccoli** **Spinach Salad/ Fresh Veggie Bar** **Fresh or Mixed Fruit**	30 **Mini Pancakes w/ Sausage Links** **Boxed Salad- Ham** **Turkey & Cheese on WG Roll** **Hash Brown / 100% Fruit Juice** **Cucumber Coins/ Fresh Veggie Bar** **Fresh Fruit/ Applesauce**

Lunch Menu Selection choice includes the following:
Hot Entrée Includes Meat, W. Grain, Vegs., Fruit
Cold Sandwich / PBJ includes, Meat / Meat Alt. W. Grain, Vegs., Fruit
Buckskin Bag Includes, Meat / Meat Alt., W. Grain, Vegs., Fruit

PBJ Served Daily
Fat Free Milk Served Daily