

Meal Prices 2023-24  
 Full Price Student - \$2.75  
 Reduced Student - FREE  
 Adult Lunch - \$4.80  
 Ala Carte Milk - \$0.70

Prepared by CVSD (717) 556-0025  
**MENU SUBJECT TO CHANGE**  
 Please make checks payable to C.V.S.D.

# CV Elementary

## September Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Buckskin Bag #1 – Mini Pretzels, Colby Cheese Stick, Peanut butter Cup, WG Graham Snack Buckskin Bag #2 – Mini Yogurt, WG Cho Chip Muffin, Sunflower Seeds, WG Goldfish Crackers Buckskin Bag #3-BBQ Turkey Stick, String Cheese, Banana Bread Loaf, WG Chex Mix	<b>Daily Fresh Fruit May Contain:</b> Apples, Bananas, Oranges, Grapes, Pears, Dried Fruits, and Seasonal Produce <b>Daily Fresh Veggie Bar May Contain:</b> Grape Tomatoes, Bell Peppers, Mini- Salads, Celery Sticks, Cucumbers, Broccoli and Cauliflower, Carrots			1  <p style="text-align: center;"><b>NO SCHOOL</b></p>
4  <p style="text-align: center;"><b>NO SCHOOL</b></p>	5 Chicken Nugget / WG Roll Boxed Salad- Grilled Chicken Buckskin Bag #2  Smile Potatoes Fresh Broccoli/ Fresh Veggie Bar Fresh Fruit/ Mixed Fruit	6 French Toast Sticks / Breakfast Ham Boxed Salad- Grilled Chicken Buckskin Bag #2  Hash Browns/ 100% Fruit Juice Cucumber Coins/ Fresh Veggie Dip Fresh Fruit/ Peaches	7 Chicken and Cheese Quesadilla w/ WG Churro Boxed Salad- Grilled Chicken Buckskin Bag #2  Refried Beans Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pineapple Tidbits	8 Pizza Sticks / Pizza Dip Sauce Boxed Salad- Grilled Chicken Buckskin Bag #2  Glazed Carrots Spinach Salad/ Fresh Veggie Bar Fresh Fruit/ Applesauce
11 Chicken Strips w/ Belgian Waffle Syrup Cup Boxed Salad- Turkey Buckskin Bag #3  Baked Beans Celery Sticks/ Fresh Veggie Bar Fresh Fruit/ Peaches	12 Pretzel Bun with Cheese Boxed Salad- Turkey Buckskin Bag #3  Tomato Soup/ Goldfish Crackers Cucumber Coins/ Fresh Veggie Bar Fresh Fruit/ Pears	13 Sweet and Sour Chicken w/ Brown Rice Boxed Salad- Turkey Buckskin Bag #3  Steamed Broccoli Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges	14 Pasta w/ Meat sauce / WG Garlic Knot Boxed Salad- Turkey Buckskin Bag #3  Steamed Green Beans Tossed Salad Greens/ Fresh Veggie Bar Fresh Fruit/ Pineapple Tidbits	15 <p style="text-align: center;">Early Dismissal</p> Cheese Pizza Slice PBJ Uncrustable  Baby Carrots Applesauce
18  <p style="text-align: center;"><b>NO SCHOOL</b></p>	19 Bacon Cheeseburger WG Roll Boxed Salad- Grilled Chicken Buckskin Bag #1  Baked Beans Celery Sticks / Fresh Veggie Bar Fresh Fruit/ Gel Fruit Bowls	20 Hot Dog w/ Mac and Cheese Boxed Salad-Grilled Chicken Buckskin Bag #1  Steamed Broccoli Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges	21 Chicken Bacon Club on WG Roll w/ French Fries Boxed Salad- Grilled Chicken Buckskin Bag #1  Steamed Mixed Vegetables Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears	22 French Bread Pizza Boxed Salad- Grilled Chicken Buckskin Bag #1  Glazed Carrots Tossed Salad Greens/ Fresh Veggie Bar Fresh Fruit / Pineapple
25 Cheese Crunchers with sauce WG Sunchips Boxed Salad- Ham Turkey & Cheese on WG Roll  Baked Beans Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears	26 Turkey and Gravy w/ Mashed Potatoes w/ WG Dinner Roll Boxed Salad- Ham Turkey & Cheese on WG Roll  Steamed Peas Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Peaches	27 Walking Taco w/ Fixins Boxed Salad- Ham Turkey & Cheese on WG Roll  Steamed Corn Fresh Broccoli/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges	28 4 Cheese Pizza Boxed Salad- Ham Turkey & Cheese on WG Roll  Steamed Broccoli Spinach Salad / Fresh Veggie Bar Fresh Fruit / Apple Crisp	29 Mini French Toast w/ Sausage Links Boxed Salad- Ham Turkey & Cheese on WG Roll  Hash Brown / 100% Fruit Juice Cucumber Coins/ Fresh Veggie Bar Fresh Fruit/ Applesauce

Lunch Menu Selection choice includes the following:  
 Hot Entrée Includes Meat, W. Grain, Veggies, Fruit  
 Cold Sandwich / PBJ includes, Meat / Meat Alt. W. Grain, Veggies, Fruit  
 Buckskin Bag Includes, Meat / Meat Alt., W. Grain, Veggies, Fruit

PBJ Served Daily  
 Fat Free Milk Served Daily

